

NEWS RELEASE

Carelon Health, CarelonRx to Offer Free Medication Reviews Leading up to National Check Your Meds Day

10/2/2023

INDIANAPOLIS--(BUSINESS WIRE)-- Carelon Health (formerly CareMore Health) and CarelonRx will offer free medication reviews to members of the public Oct. 16-20, leading up to National Check Your Meds Day.

That week, members of the public are encouraged to call our tollfree number – 1-833-664-0089 – and speak to a Carelon pharmacist who will review patients' complete list of medications (prescription and over-the-counter medications) free of charge.

During the medication review, pharmacists will help people review their medications, identify any potential medication interactions that they might not be aware of, offer suggestions for discarding expired medications, and identify barriers to care. They will also answer any questions people may have about their medications.

Routinely reviewing your medications is important because many patients have several doctors, and **more than 40% use more than one pharmacy**. In addition, **the FDA receives over 100,000 reports associated with medication errors every year**.

According to Carelon Health and CarelonRx pharmacists, the people who may benefit the most from a medication review include those:

- Taking several medications (five or more) regularly
- Routinely taking over-the-counter medications, vitamins or supplements
- Obtaining prescriptions from more than one pharmacy or provider
- With multiple chronic health conditions such as diabetes or heart failure

- Recently hospitalized or transitioned to another care setting (such as a skilled nursing facility)

“National Check Your Meds Day is a great reminder to speak to a pharmacist about the complete list of medications you are taking,” said Dr. Khyati Gupta, medical officer at Carelon Health. “A medication review can help people identify potential drug interactions and potential side effects, and even help patients identify cost-savings solutions.”

“During a medication review, we also have the opportunity to help identify barriers to care that may keep patients from staying adherent to their medications, such as lack of transportation, or food insecurity. It’s a moment to spend quality time speaking with patients one-on-one, connect them to community resources if needed, and contribute to better health outcomes,” said Ami Bhatt, Pharm.D., staff vice president of clinical pharmacy services at CarelonRx.

To speak to a pharmacist during the week of Oct. 16-20, call our tollfree number 1-833-664-0089, from 8 a.m. to 5 p.m. PST.

About Carelon Health

Carelon Health (formerly CareMore Health) is an integrated care delivery system that harnesses the power of teamwork to address whole-health needs. Focusing on prevention and highly coordinated care, its innovative clinical model and value-based approach to managing complex chronic disease proactively addresses the physical, behavioral, and social drivers of its patients. Recognized for clinical outcomes above the national average, Carelon Health has expanded to 14 states as well as the District of Columbia, and serves over 100,000 Medicare Advantage and Medicaid patients. To learn more, go to www.caremore.com and follow us on Twitter, LinkedIn, YouTube and Facebook @caremorehealth.

About CarelonRx

CarelonRx is a Carelon company, part of the Elevance Health family of healthcare services brands. CarelonRx puts the benefits back into pharmacy to improve the health of our members and the healthcare system. We work to remove barriers, personalize experiences, and improve health outcomes, no matter where our members are in their healthcare journey. For more information, **visit our website** or follow us **CarelonRx on LinkedIn**.

Tina Gaines
Carelon Health
tina.gaines@elevancehealth.com

Brittany Jennings

CarelonRx

brittany.jennings2@elevancehealth.com

Source: CarelonRx and Carelon Health